



TO BE RESTORED MINISTRIES
TOTAL RESTORATION CHURCH
P. O. Box 142
Bourbonnais, IL 60914
815-936-9154

Prayer Priorities and Fast Instructions for “Just Pray Revival” (Atlanta)

Strongholds: Pride, Perversion, Rebellion (Witchcraft), Violence, Death, Poverty

Repentance (read 2 Chronicles 7:12-18)

As warriors & intercessors, it is important that we come to God in repentance as we take our position in saturating the earth with prayer. We must humbly recognize the seriousness and strategies necessary in our warfare, which is not carnal but mighty through God to the pulling down of strongholds (read 2 Corinthians 10:4-6). The first step to getting in position for a move of the Holy Spirit as we petition Him to extend mercy in these specific areas that need ministering, it is through our heart of submission and repentance that the Lord’s power will manifest and bring breakthrough.

As we pray and fast to prepare, it is our duty and responsibility as warriors to pray the prayer of repentance on behalf of the families, churches, communities in the area(s) that we will be ministering to. We are to be focused, purposed, and diligent in our seeking God to stop the hand of the enemy from operating and to bring deliverance. Our repentance will allow us to stand in for others residing in these areas as we reverence Christ’s power of salvation, deliverance, healing and redemption that is offered to a dying and perverted generation. We are praying in faith that these areas we’re addressing are being trampled under foot as we enter in the heavenly realms of prayer through our fasting.

Repent in these areas on behalf of Atlanta

- church (body of Christ) out of place/position; lack of humility, lack of prayer
- turning away from God, going after false gods
- lack of sensitivity to the leading and moving of the Holy Spirit
- compromise with standards of holiness
- slothful and non-responsive to hurting people and dying souls

Pray and invite the Holy Spirit’s presence in that will give you a sensitivity to His direction and sharper discernment

Family & Neighborhood (read Malachi 4:1-6)

Desensitized to death: anger, violence, rage, murder

Death: loss, pain, excessive grief

Drugs, alcohol and substance abuse

Broken families: unresolved issues

Natural & spiritual barrenness

Men and women struggling with false sexual identity: homosexuality, lesbianism

Rejection: self-rejection, fear, inability to give and receive love

Lust: fornication, adultery, pornography

Infirmity: disease of all kinds, bloodline illnesses, chronic illness

Prejudice: poverty, lack, spiritual wickedness in high places, disunity, control

Divorce: separation, lack of intimacy between spouses, mistrust, suspicion, un-forgiveness



TO BE RESTORED MINISTRIES
TOTAL RESTORATION CHURCH
P. O. Box 142
Bourbonnais, IL 60914
815-936-9154

Church, Community & Nation (read Revelation 3:14-22)

Lack of prayer & lack of biblical application

Natural & spiritual weakness: inability to endure, discouragement, backsliding

Worldliness: carnal mindsets, carnal choices and decisions

Rebellion: stubbornness

Spirit of Jezebel & Ahab: intimidation and terror to the men and women of God

Religious Pride: denial of the Holy Spirit's

Confusion

Unrighteous control in judicial and municipal platforms: laws being passed that are derived from unrighteous desires and unholy practices

10 days of fasting for Atlanta, New Day Church of the Nazarene, and Intercessors attending
Monday, April 9

Fasting from 12 midnight – 3 pm

Praying prayer priorities all day, studying Lamentations 1

Tuesday, April 10

Fasting from all caffeine and sugars from 12 midnight – 9 pm. No artificial sweeteners are allowed

Quiet time:

NO social media or television all day

NO talking or communication in person, phone, email, etc. during the hours of 8 am – 12 noon OR 8 pm – 12 midnight (choose either time that is best for you to spend quality time for prayer)

Praying prayer priorities all day, studying Lamentations 2

Wednesday, April 11

Fasting from all starches, meats and meat substitutes from 12 midnight – 3 pm

Praying prayer priorities all day, studying Lamentations 3

Thursday, April 12

All soups, salads, breads, vegetables and fruit only all day (midnight to midnight)

Quiet time:

NO social media or television all day

NO talking or communication in person, phone, email, etc. during the hours of 8 am – 12 noon OR 8 pm – 12 midnight (choose either time that is best for you to spend quality time for prayer)

Praying prayer priorities all day, studying Lamentations 4

Friday, April 13

Fasting from 12 midnight – 3 pm

Praying prayer priorities all day, studying Lamentations 5



TO BE RESTORED MINISTRIES
TOTAL RESTORATION CHURCH
P. O. Box 142
Bourbonnais, IL 60914
815-936-9154

Saturday, April 14

Fasting from all starches, meats and meat substitutes from 12 midnight – 3 pm
Praying prayer priorities all day, studying Isaiah 61

Sunday, April 15

Fasting from all caffeine and sugars from 12 midnight – 9 pm. No artificial sweeteners are allowed
Praying prayer priorities all day, studying Ephesians 6

Monday, April 16

All soups, salads, breads, vegetables and fruit only all day (midnight to midnight)

Quiet time:

NO social media or television all day

NO talking or communication in person, phone, email, etc. during the hours of 8 am – 12 noon OR 8 pm – 12 midnight (choose either time that is best for you to spend quality time for prayer)

Praying prayer priorities all day

Do an in-depth study on spiritual warfare. Google and Bible commentaries are suggested for research.

Read Pigs in the Parlor, chapter 4

Tuesday, April 17

Fasting from all starches, meats and meat substitutes from 12 midnight – 3 pm

Praying prayer priorities all day

Do an in-depth study on the power and necessity of the Holy Ghost. Google and Bible commentaries are suggested for research. Read Acts chapters 1 – 3

Wednesday, April 18

Fasting from all caffeine and sugars from 12 midnight – 9 pm. No artificial sweeteners are allowed

Praying prayer priorities all day

Do an in-depth study on God's holiness. Google and Bible commentaries are suggested for research.

Read Exodus 3